

مفتی اعظم پاکستان

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EASY HAJJ & UMRAH

You can ask your Masa'il from

MUFTI SAAD ABDUR RAZZAQ

on the following number

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پیشہ
کراچی، پاکستان

Writer's Note

Performing Hajj & Umrah are great acts of worship ordained by the Allah تَبَارَكَوَتَعَالَى. Alhamdulillah, in the last several years, I had the opportunity to be associated with the Masa'il related to Hajj and Umrah and thereby compile a number of books encompassing detailed Masa'il of Hajj and Umrah. In this context, some of my friends encouraged me to present these Masa'il in an extremely concise manner, to cater to the needs of those who are not inclined to read extensive books. Therefore, by the grace of Allah تَبَارَكَوَتَعَالَى, a small booklet has been prepared. May Allah تَبَارَكَوَتَعَالَى accept this

humble effort and make this booklet beneficial for the entire Ummah.

It is recommended to keep this booklet with you during your pilgrimage. However, for further details you can refer to other comprehensive books such as **Let's Perform Hajj** and **A Concise Guide For Women's Hajj** that have been compiled in both Urdu and English languages.

It is my earnest request to remember us all in your supplications during Hajj and Umrah that may Allah تَبَارَكَ وَتَعَالَى accept us for spreading this Deen till our very last, and grant us unlimited opportunities to visit His noble House and Rasulullah's ﷺ Roza.

Mufti Saad Abdur Razzaq

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Umrah and the types of Hajj

Umrah: Umrah is adorning the Ihram with the intention (Niyyat) of Umrah and performing Tawaf and Sae'e between Safa and Marwa and doing Qasr or Halq.

Note: Umrah can be performed throughout the year except from 9th to 13th Zil Hajj when it is Makrooh-e-Tahreemi.

Hajj e Ifraad: Adorning the Ihram of Hajj only and performing the acts of Hajj only.

Hajj e Tamattu: Performing Umrah in the months of Hajj (1st Shawwal till 10th Zil-Hajj), then in the same year adorning the Ihram of Hajj without returning home.

Hajj e Qiran: Performing Umrah and Hajj in one Ihram.

Note: The acts of Hajj will be performed from 8th to 13th Zil-Hajj.

Ihram: Ihram means to forbid oneself from something. When a person makes Niyyat to perform Hajj or Umrah and recites Talbiyah, he enters into the state of Ihram due to which certain things which were previously Halal are now Haram on him. The two sheets of cloth are commonly considered as Ihram. These are in fact the clothes worn in the state of Ihram.

Preparing for Ihram

1. Seek forgiveness from those whom you feel you have done wrong with or usurped their rights.
2. Purify your Niyyat which should be solely for the sake of Allah تَبَارَكَ وَتَعَالَى.

3. Make Tauba for all big or small sins.

There are three conditions for Tauba:

- (i)** To leave the sin immediately.
- (ii)** Make Tauba on the sin committed.
- (iii)** To resolve not to do it in future.

4. Clip your nails and remove the unwanted hair from the body.

5. Make Ghusl or Wudhu for Ihram.

6. Men should adorn two sheets of Ihram: one which covers the part from above the navel downwards and another that covers the upper part of the body.

7. Comb your hair and use a perfume that does not leave a stain.

8. Men should wear slippers in which the middle bone of the feet remains exposed.

9. Women will wear sewn clothes and any sort of shoes or slippers, etc.
10. Cover your head and offer two Raka'at Nafil for Ihram and make Dua.
11. Then depart from your home and recite the following Dua:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

12. After reaching airport, make Niyat when the flight's departure is confirmed. It is also permissible to do so before the plane crosses the Meeqat limit. However, if the Meeqat is crossed without the Niyat of Ihram it is obligatory to give Damm.
13. Before making the Niyat of Ihram for Hajj or Umrah, men should uncover their

heads and women should wear the special veil which does not touch the face.

Note: It should be remembered that even in the state of Ihram, a woman should not uncover her face in front of Men (Na Mahram) and at the same time she should not wear such a veil that touches her face.

Niyat of Ihram

1. If a person is going for Umrah only or for Hajj-e-Tamattu, he should make Niyat for Umrah only.
2. The following are the words of Niyat for Umrah:

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

O Allah! I intend to perform Umrah for your sake, so make it easy for me and accept it from me.

3. If one wishes to perform Hajj-e-Qiran, he should make Niyyat for both Hajj and Umrah in one Ihram.
4. If one wishes to perform Hajj-e-Ifraad, he should make Niyyat for Hajj only.
5. After Niyyat, men should recite Talbiyah loudly while women should recite it in a low voice. Following are the words of Talbiyah:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ إِنَّ الْحَمْدَ وَالنِّعْمَةَ
لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

6. After Talbiyah, one should recite Durood and make Dua. If possible, the following Dua should be recited:

اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ غَضَبِكَ وَالنَّارِ

“O Allah, I ask You, for Your Pleasure and Jannah, and I seek (desire) protection from Your anger and the punishment of fire”.

7. The Niyat of Ihram is not complete without Talbiyah.
8. During the holy journey, Talbiyah should be recited excessively.
9. After Niyat and Talbiyah, one enters into the state of Ihram and should avoid the prohibitions of Ihram.
10. On the first sight of Baitullah, recite اللهُ أَكْبَرُ and لَا إِلَهَ إِلَّا اللَّهُ thrice and make Dua.

Acts of Umrah

Faraidh of Umrah:

1. Ihram.
2. Tawaf.

Wajibaat of Umrah:

- 1.** Sae'e of Safa and Marwa
- 2.** Halq or Qasr.

Tawaf e Umrah

- 1.** Proceed to Mataaf (the place where Tawaf is performed) and go towards the corner where Hajr-e-Aswad is embedded.
- 2.** Men should adjust their Ihram so that the right shoulder is uncovered and the upper sheet of the Ihram passes through the right arm pit and over the left shoulder. This is called Idhtiba.
- 3.** For those performing Umrah, Talbiyah ends before performing Tawaf.
- 4.** For those performing Hajj e Qiran or Hajj e Ifraad, Talbiyah ends with the pelting

of the first pebble on Jamrat ul Uqba at 8th Zil Hajj.

5. Poise yourself in front of the Ka'aba so that the Hajr-e-Aswad is on your right side and make Niyyat for the Tawaf of Umrah.

6. Raise your hands as it is done for Takbeer e Tahreema in Salat in such a manner that the palms face the Hajr-e-Aswad and recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَبِاللَّهِ الْحَمْدُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

Then drop both your hands, this is the Istiqbaal of Hajr-e-Aswad.

7. Make the first Istilam of Hajr-e-Aswad by indicating towards it and raising both your hands so that the palms face the Hajr-e-Aswad and recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَبِاللَّهِ الْحَمْدُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

Then kiss the inner part of your palms. This is the first Istilam of Hajr-e-Aswad.

8. After Istilam, while standing in the same position, turn towards right without lifting your feet and begin your Tawaf.

9. Men should do Ramal in the first three rounds i.e. to walk with short quick steps, chest out and shoulders moving.

10. While performing Tawaf, look straight ahead and do not look at the Baitullah.

11. Do not put your chest or back towards Baitullah.

12. Include Hateem in your Tawaf.

13. Engage yourself in Dua or Zikr.

14. On reaching Hajr-e-Aswad, make Istilam. This will be the second Istilam.

15. Likewise, seven rounds will be made with an Istilam at the end of each round so that at the end of the 7th round you will make your 8th Istilam. This completes your Tawaf. You should now cover your shoulders i.e. discard Idhtiba.

16. Women will perform Tawaf in the same way. However, they will not do Ramal or Idhtiba.

17. Nafil Tawaf will be performed in the same way except that there is no Ihram or Ramal or Idhtiba in Nafil Tawaf.

Note: An important thing to remember is that Wudhu is a prerequisite for Tawaf without which Tawaf is not valid.

20. After Tawaf, proceed to Multazam. Cling to this place and make Dua.

- 21.** After every Tawaf offer two Raka'at Wajib ut Tawaf.
- 22.** After Tawaf, it is Mustahab to drink Aab e Zamzam.

Sae of Umrah

- 1.** Make the 9th Istilam of Hajar e Aswad.
- 2.** Proceed to Safa to perform Sae.
- 3.** Ascend Safa and make Niyat of Sae.
- 4.** Recite Durood Shareef and make Dua.
- 5.** Proceed to Marwa whilst making Zikr.
- 6.** A few steps before the green pillars, men should start walking briskly while women will walk at a normal pace.
- 7.** On reaching the next green pillar, men will stop running and walk at a normal pace.

- 8.** On reaching Marwa, face the Qibla and make Dua the way you did at Safa.
- 9.** This walk from Safa to Marwa is one round of Saee.
- 10.** Then proceed to Safa from Marwa and repeat what was done between Safa to Marwa. This completes the second round.
- 11.** In this way complete seven rounds ending at Marwa.

Halq or Qasr

- 1.** After Saee men should shave their hair completely (Halq) or trim their hair upto the length of a finger joint (Qasr).
- 2.** Removing at least a quarter of the hair by shaving or trimming is Wajib.

3. If less than a quarter is removed or you will not be released from Ihram.
 4. For women, trimming all the hair upto the length of a finger joint is Sunnat and trimming a quarter of the hair up to the length of a finger joint is Wajib.
 5. After doing Halq or Qasr you are released from the state of Ihram and your Umrah is now complete.
- Note:** If all the acts of Umrah except for Halq/Qasr have been done, the Mu'tamir (one who performs Umrah) can do Halq or Qasr himself and for others as well.
6. After completing the Umrah, another Umrah can be performed and the Ihram will be adorned from Hill (i.e. Masjid e Ayesha etc).

7. It is preferable to perform Nafil Tawaf instead of Nafil Umrah.

Note:

1. The Mutamatte will perform Umrah as detailed previously and on the 8th of Zil Hajj he will adorn the Ihram of Hajj.

2. The Qarin will not do Halq or Qasr after performing the Tawaf and Sae'e of Umrah and he will remain in the state of Ihram till he has performed Hajj.

3. The Qarin will perform Tawaf e Qudoom after performing Tawaf and Sae'e of Umrah. This is Sunnat for a Qarin.

4. It is preferable for a Qarin to perform the Sae'e of Hajj after Tawaf e Qudoom. In this situation he will not perform Sae'e after the Tawaf e Ziyarat.

5. The Mufrid will perform Tawaf e Qudoom instead of performing Umrah.
6. It is preferable for a Mufrid to do Sae'e of Hajj after Tawaf e Ziyarat not after Tawaf e Qudoom.

Acts of 8th Zil Hajj

1. The Qarin and Mufrid will already be in the state of Ihram. So, they will proceed to Mina after sunrise on the 8th Zil Hajj.
2. The Mutamatte will make Ghusl and adorn Ihram on 8th Zil Hajj and make Niyat for the Ihram of Hajj and recite Talbiyah.
3. For those who are in Makkah, the Ihram of Hajj can be adorned anywhere within the limits of Haram, either from his place of stay or after reaching Mina.

4. It is Sunnah to leave for Mina after sunrise but the Muallim sometimes sends the Hajis to Mina at night due to the increasing crowds. In this situation you can go to Mina at night.
5. It is Sunnah to offer Five prayers i.e. Zuhr, Asr, Maghrib, Isha and Fajr of 9th Zil Hajj and spend the night in Mina.
6. Spend your time at Mina in Zikr & Dua.

Acts of 9th Zil Hajj

1. Offer Fajr in Mina.
2. It is obligatory to recite Takbeerat e Tashreeq from the Fajr of 9th Zil Hajj till the Asr of 13th Zil Hajj after every Fard Salat.

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ

3. Proceed to Arafat after sunrise.

- 4.** Wuqoof e Arafat is the greatest rite of Hajj without which Hajj is not valid.
- 5.** Intention (Niyyat) is not a prerequisite of Wuqoof but it is preferred (Mustahab).
- 6.** The Wuqoof is valid in the state of impurity. Being pure from Haidh, Nifas or Janabat is not a prerequisite.
- 7.** The preparation (Ghusl, ablution etc) for Wuqoof should be done before Zawaal.
- 8.** It is preferable to stand and make Wuqoof facing the Qibla and permissible to sit when tired.
- 9.** It is preferable to make Wuqoof in the sun if possible. If not, then under a shade or in the tent.
- 10.** Raise hands when making Dua and repeat the Dua thrice.

- 11.** Recite Hamd and Durood before and after Dua and say Aameen at the end.
- 12.** The Zikr and Dua should be made in a low voice so that others are not disturbed.
- 13.** It is not permissible for women to stand with men or mingle with them.
- 14.** In Arafat, if a Haji offers Zuhr and Asr in Masjid-e-Namra behind the local Imam (Imam ul Hajj), then he should combine the two Salats.
- 15.** If he prays in his tent with Jamat or without Jamat then he should pray Zuhr and Asr at their respective times.
- 16.** Time should not be wasted in fruitless activities.
- 17.** The Wuqoof should be made till sunset

- 18.** After the sunset of 9th Zil Hajj, proceed to Muzdalifah without praying Maghrib.
- 19.** In Muzdalifa, Maghrib and Isha should be offered together at the time of Isha.
- 20.** After praying Maghrib and Isha, it is Sunnat-e- Muakkadah to stay in Muzdalifa until predawn of 10th Zil Hajj.
- 21.** Collect the pebbles for Rami and wash them.

Acts of 10th Zil Hajj

- 1.** After Subah-e-Sadiq, offer Fajr as soon as its time enters.
- 2.** Make Wuqoof e Muzdalifah (Wajib of Hajj) and remain engaged in Zikr and Dua.
- 3.** Proceed to Mina before sunrise.
- 4.** Make Rami of Jamrat-ul-Uqba with seven pebbles.

5. The Masnoon time for the Rami of Jamrat-ul-Uqba is from sunrise until Zawaal of 10th Zil Hajj. It is permissible to make Rami from Zawaal till before the predawn of 11th Zil hajj.

6. Each pebble has to be thrown one at a time along with Takbeer.

7. After Rami make Sacrifice (Qurbani).

8. There are 2 types of Qurbani for a Haji:

Qurbani of Hajj which is out of gratification and is also called Dam-e-Shukar. This is Wajib for Qarin and Mutamatte and Mustahab for Mufrid and should be done within the limits of Haram.

Qurbani of Eid-ul-Adh'ha which is Wajib yearly. If the Haji is a Musaafir, then this sacrifice is not Wajib but Mustahab and if

the Haji is a Muqem and Sahib-e-Nisaab, then it is Wajib on him.

9. After the Qurbani, do the Halq or Qasr.

10. All the prohibitions of Ihram end with Halq or Qasr. However, the relations with one's wife are not permissible until Tawaf e Ziyarat is performed.

11. If all the acts of Hajj except Halq and Tawaf e Ziyarat have been performed, you can do Halq or Qasr by yourself and do it for others as well.

12. It is Wajib for a Qarin and Mutamatte to first perform Rami, then make Qurbani and then do Halq or Qasr.

13. After performing the above-mentioned acts, proceed to Makkah for Tawaf-e-Ziyarat.

14. Tawaf-e-Ziyarat is the Rukn of Hajj and has no substitute and without this Tawaf, Hajj is incomplete.

15. Ramal and Idhtiba should be done in a Tawaf followed by Sae'e. However, since Tawaf-e-Ziyarat is usually performed in ordinary clothes, therefore only Ramal will be done in this Tawaf.

16. The time for Tawaf-e-Ziyarat is from the predawn of the 10th of Zil Hajj till the sunset of the 12th of Zil Hajj.

17. If it is done after the sunset of 12th Zil Hajj, then it will be Wajib to give Damm.

18. If a woman does not attain purity, she will not perform Tawaf-e-Ziyarat until she attains purity. If Tawaf-e-Ziyarah is delayed

due to this reason, no Damm will be compulsory for her.

19. The Sae'e of Hajj will be performed after Tawaf e Ziyarat if it had not been performed before Hajj.

20. After performing Tawaf-e-Ziyarat and Sae'e, return to Mina and spend the night there.

11th Zil Hajj

1. This day will also be spent in Mina for doing Rami on all the three Jamraat.

2. The time for doing Rami starts after Zawal till predawn of 12th Zil Hajj. The Rami is done first on Jamra-e-Oola then on Jamra-e-Wusta and then on Jamra-e-Uqba.

3. On the 11th, 12th and 13th of Zil Hajj you should make Dua after doing Rami on

Jamra-e-Oola and Jamra-e-Wusta facing the Qibla. However, no Dua will be made after doing Rami on Jamra-e-Uqba.

Note: On the the 11th and 12th of Zil Hajj, if the Rami is made before Zawaal, then the Rami will not be valid and has to be repeated after Zawaal or else Damm will be Wajib.

4. This night will also be spent in Mina.

12th Zil Hajj

This day will also be spent at Mina and the same ritual will be followed as 11th Zil Hajj.

Note: If you wish to leave Mina without making Rami of 13th Zil Hajj, you should do so before the sunset of 12th Zil Hajj. Leaving Mina after sunset without making Rami of 13th Zil Hajj is Makrooh. If you are

at Mina on the predawn of the 13th Zil Hajj, Rami will be compulsory for you.

13th Zil Hajj

- 1.** If you are at Mina on the predawn (Subh-e-Sadiq) of the 13th Zil Hajj, Rami of all three Jamraat will be Wajib.
- 2.** The time of Rami of 13th Zil Hajj is from Zawal till sunset.
- 3.** Alhamdulillah your Hajj is complete with the exception of one Wajib act which is Tawaf-e-Wada. This Tawaf can be performed any time before your departure from Makkah.
- 4.** Tawaf-e-Wada is Wajib for all types of adult Hujjaj who have come from beyond the limits of Meeqat.

5. It is not compulsory for those living in Hill or Meeqat or physically or mentally disabled.
6. It is also not compulsory on children or women experiencing Haidh or Nifas.
7. The time for performing Tawaf-e-Wada starts after Tawaf-e-Ziyarat.
8. Tawaf e Wada is performed like Nafil Tawaf i.e. there is no Ramal or Idhtiba in this Tawaf nor is it followed by Sae'e.

Travelling to Madinah Munawwarah

1. The visit of Madina Munawwara should be undertaken with the utmost love and affection combine with respect and reverence.

- 2.** Durood Shareef should be recited in abundance on the way to Madina.
- 3.** After getting settled at your accommodation in Madinah Munawwarah, prepare yourself for visiting the Roza.
- 4.** Clean yourself thoroughly and make Ghusl or Wudhu.
- 5.** Adorn your best clothes, comb your hair and beard and apply perfume.
- 6.** Before going to the masjid, it is preferable to give Sadaqah.
- 7.** Enter the Masjid according to Sunnat.
- 8.** Visit the Roza remembering the greatness and sanctity of this place, whilst keeping your gaze lowered.
- 9.** Recite Salat and Salam in a low and steady voice whilst making sure to bestow

your utmost respect. It is better to just recite: **الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ**

10. Recite Salam on Hazrat Abu Bakr **رَضِيَ اللَّهُ تَعَالَى عَنْهُ** and Hazrat Umar **رَضِيَ اللَّهُ تَعَالَى عَنْهُ**.

11. After reciting your own Salam, give Salam on behalf of those who have requested you to do so.

12. Avoid jostling people or raising voice.

13. Keep your mobile switched off especially at Roza.

14. During your stay try to remain in Masjid e Nabvi **رَضِيَ اللَّهُ تَعَالَى عَنْهُ** as much as possible.

15. Upon your departure, express regret for any unfulfilled obligations and earnestly desire for further opportunities to visit this sacred abode.